

THE PARISH OF CAMPBELLFORD,
HASTINGS AND ROSENEATH

ASH WEDNESDAY



MARCH 2ND, 2022

LENT is a time for giving things up. Fasting is also related to this idea of self-sacrifice.

It sounds as if it could be very negative, but just read these lines by an American bishop, Arthur Lichtenberger:

*Fast from criticism, and feast on praise;
Fast from self-pity, and feast on joy;
Fast from ill-temper, and feast on peace;
Fast from resentment, and feast on contentment;
Fast from jealousy, and feast on love;
Fast from pride, and feast on humility;
Fast from selfishness, and feast on service;
Fast from fear, and feast on faith.*

Highly practical thoughts, not only for Lent, but for any time of year.

Ash Wednesday Book of Alternative Services

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

COLLECT OF THE DAY:

Celebrant: Almighty and everlasting God,

All: you despise nothing you have made and forgive the sins of all who are penitent. Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

THE OLD TESTAMENT READING:

Isaiah 58:1-12

Reader: Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do

not notice?’ Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient

ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader: This is the word of the Lord.

People: **Thanks be to God.**

THE GOSPEL READING: Matthew 6:1-6, 16-21

Reader: The Lord be with you.

People: **And also with you.**

Reader: A reading from the Holy Gospel according to Matthew

Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Reader: This is the gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

Sermon: Rev. Bryce Sangster

Prayers:

Celebrant: Dear friends in Christ, every year at the time of the Christian Passover we celebrate our redemption through the death and resurrection of our Lord Jesus Christ. Lent is a time to prepare for this celebration and to renew our life in the paschal mystery. We begin this holy season by remembering our need for repentance, and for the mercy and forgiveness proclaimed in the Gospel of Jesus Christ. We begin our journey to Easter with the sign of ashes, an ancient sign, speaking of the frailty and uncertainty of human life, and marking the penitence of the community as a whole.

I invite you therefore, in the name of the Lord,

to observe a holy Lent by self-examination, penitence, prayer, fasting, and almsgiving, and by reading and meditating on the word of God. Let us kneel before our Creator and Redeemer.

Psalm 51:1-18

Have mercy on me, O God, according to your loving kindness; in your great compassion blot out my offences. Wash me through and through from my wickedness and cleanse me from my sin.

Create in me a clean heart, O God.

For I know my transgressions, and my sin is ever before me. Against you only have I sinned and done what is evil in your sight.

Create in me a clean heart, O God.

And so you are justified when you speak and upright in your judgement. Indeed, I have been wicked from my birth, a sinner from my mother's womb.

Create in me a clean heart, O God.

For behold, you look for truth deep within me, and will make me understand wisdom secretly. Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed.

Create in me a clean heart, O God.

Make me hear of joy and gladness, that the body you have broken may rejoice. Hide your face from my sins and blot out all my iniquities.

Create in me a clean heart, O God.

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your Holy Spirit from me.

Create in me a clean heart, O God.

Give me the joy of your saving help again and sustain me with your bountiful Spirit. I shall teach your ways to the wicked, and sinners shall return to you.

Create in me a clean heart, O God.

Deliver me from death, O God, and my tongue shall sing of your righteousness, O God of my salvation. Open my lips, O Lord, and my mouth shall proclaim your praise.

Create in me a clean heart, O God.

Had you desired it, I would have offered sacrifice, but you take no delight in burnt-offerings. The sacrifice of God is a troubled spirit; a broken and contrite heart, O God, you will not despise.

Create in me a clean heart, O God.

LITANY OF PENITENCE

All: Most holy and merciful Father, we confess to you, to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

Celebrant We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbours as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives, We confess to you, Lord. Our self-indulgent appetites and ways, and our exploitation of other people,
We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves, We confess to you, Lord. Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,
We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,
We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,
Accept our repentance, Lord.

For all false judgements, for uncharitable thoughts toward our neighbours, and for our prejudice and contempt toward those who differ from us,
Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,
Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Hear us, Lord, for your mercy is great.

Blessing and marking with the ashes:

Celebrant: Almighty God,
from the dust of the earth you have created us.
May these ashes be for us a sign of our mortality and penitence, and a reminder that only by your gracious gift are we given eternal life; through Jesus Christ our Saviour. **Amen.**

Those who desire to receive ashes now come forward.

I will sign you with ashes saying

"Remember you are dust and to dust you shall return".

After all who desire ashes have received them, the celebrant leads the congregation in the conclusion of the confession, all kneeling.

Celebrant: Accomplish in us, O God, the work of your salvation,

People : **That we may show forth your glory in the world.**

Celebrant : By the cross and passion of your Son, our Lord,

People : **Bring us with all your saints to the joy of his resurrection.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

(all stand)

Celebrant: The peace of the Lord be always with you.

All: **And also with you.**

PRAYER OVER THE GIFTS

Celebrant: Merciful God, turn us from sin to faithfulness. Accept our offering, and prepare us to celebrate the death and resurrection of Christ our Saviour, who is alive and reigns with you now and for ever. **Amen.**

EUCCHARIST PRAYER:

Celebrant: The Lord be with you,

People: **and also with you.**

Celebrant: Lift up your hearts.

People: **We lift them up to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Celebrant: Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love. Therefore we raise our voices to you in praise to proclaim the glory of your name.

All: **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Celebrant: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “ Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, Father, according to his command,

**All: we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People: Amen.

THE LORD'S PRAYER:

Celebrant : As our Saviour taught us, let us pray,

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom,

**the power, and the glory are yours, now and
for ever. Amen.**

BENEDICTION

BREAKING OF THE BREAD:

Celebrant: Creator of all, you gave us golden fields of wheat, whose many grains we have gathered and made into this one bread.

All: So may your Church be gathered from the ends of the earth into your kingdom.



THE PARISH OF CAMPBELLFORD,
HASTINGS AND ROSENEATH

ST. GEORGE ANGLICAN, HASTINGS

SERVICE ~3:00PM

CHRIST CHURCH ANGLICAN, CAMPBELLFORD

SERVICE ~7:00PM

