

Morning Prayer, Sunday, January 31st, 2021, Epiphany 4

## The Gathering of the Community

Leader Rejoice and be glad, for your reward is great in heaven.  
*Matthew 5.12*

# H

Ymn #355

### ALL CREATURES OF OUR GOD AND KING LASST UNS ERFREUEN

Leader Let us remember before God our selfish ways, the things we have done wrong, the sorrows we have caused, the love we have not shown.

*Silence for reflection is kept.*

**All Most merciful Father, forgive us our sins against you and against each other. Strengthen us to overcome our weaknesses, that we may live in love as you would have us live, for the sake of Jesus Christ our Saviour. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

**People Amen.**

Celebrant Restore us, O Lord God of hosts;

**People Show the light of your countenance, and we shall be saved.**

Celebrant Will you not give us life again,

**People That your people may rejoice in you?**

Celebrant Show us your mercy, O Lord,

**People And grant us your salvation.**

Celebrant Blessed is the King who comes in the name of the Lord!

**People Peace in heaven and glory in the highest.**

## VENITE

**O Come, let us sing unto the Lord: let us heartily rejoice in**

the strength of our salvation. Let us come before his presence with thanksgiving, and show ourselves glad in him with psalms.

For the Lord is a great God, and a great King above all gods. In his hand are all the corners of the earth: and the strength of the hills is his also. The sea is his, and he made it: and his hands prepared the dry land.

O Come, let us worship, and fall down, and kneel before the Lord our Maker. For he is the Lord our God; and we are the people of his pasture, and the sheep of his hand.

Today, O that ye would hear his voice: 'Harden not your hearts as in the Provocation, and as in the day of Temptation in the wilderness; When your fathers tempted me, proved me, and saw my works.

Forty years long was I grieved with that generation, and said, "It is a people that do err in their hearts, for they have not known my ways"; Unto whom I sware in my wrath, that they should not enter into my rest.'

Glory be to the Father, and to the Son, and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **A reading from the book of Deuteronomy**

**Reader:** The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die." DEUTERONOMY 18:15-20

**Reader:** Hear what the Spirit is saying to the Church

**People:** **Thanks be to God**

### **A reading of Psalm 111**

Hallelujah!

I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation.

**Great are the deeds of the Lord! they are studied by all who delight in them.**

His work is full of majesty and splendour, and his righteousness endures for ever.

**He makes his marvellous works to be remembered; the Lord is gracious and full of compassion.**

He gives food to those who fear him; he is ever mindful of his covenant.

**He has shown his people the power of his works in giving them the lands of the nations.**

The works of his hands are faithfulness and justice; all his commandments are sure.

**They stand fast for ever and ever, because they are done in truth and equity.**

He sent redemption to his people; he commanded his covenant for ever; holy and awesome is his name.

**The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.**

**Generous and bountiful God, give us grace always to thank you and share your gifts with others, that the world may be filled with the joy of our Saviour Jesus Christ. Amen.**

## **BENEDICTUS**

**Blessed be the Lord God of Israel; for he hath visited, and redeemed his people;**

**And hath raised up a mighty salvation for us, in the house of his servant David;**

**As he spake by the mouth of his holy Prophets, which have been since the world began;**

**That we should be saved from our enemies, and from the hands of all that hate us;**

**To perform the mercy promised to our forefathers, and to remember his holy covenant;**

**To perform the oath which he swore to our forefather Abraham, that he would grant us**

**That we being delivered out of the hands of our enemies might serve him without fear,**

**In holiness and righteousness before him, all the days of our life.**

**And thou, child, shalt be called the Prophet of the Highest: for thou shalt go before the face of the Lord to prepare his ways;**

**To give knowledge of salvation unto his people for the remission of**

their sins;  
Through the tender mercy of our God; whereby the day-spring from  
on high hath visited us;  
To give light to them that sit in darkness, and in the shadow of  
death, and to guide our feet into the way of peace.  
Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, world without  
end. Amen.

### **A reading from the first letter of Paul to the Corinthians**

**Reader:** Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords - yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

1 CORINTHIANS 8:1-13

**Reader:** Hear what the Spirit is saying to the Church

**People:** **Thanks be to God**

# Hymn #620

## HOW SWEET THE NAME OF JESUS SOUNDS<sup>ST. PETER</sup>

### A reading from the Gospel of Mark

**Reader:** They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee. MARK 1:21-28

**Reader:** Hear what the Spirit is saying to the Church

**People:** **Thanks be to God**

## Homily

### The Apostles' Creed

**Celebrant** Let us confess our faith, using the words of the Apostles' Creed

**All** **I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead.**

**On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## Prayers

*Intercessor* Let us pray.

As the people gathered in Capernaum to hear Jesus' words, so too have we come together to hear God's word. Let us boldly offer our prayers to God, saying: Lord, have mercy.

For the world in which we live and to which we are called, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For the nations of the world, and for world peace, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For the church of Christ, zealous in mission, compassionate in service, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For this congregation and for our hearing the word, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For all who labour in the world and in the church, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For those who are sick, especially for **[Names in Parish]**, and for those who care for them, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For the homeless and for the refugees, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* For those with whom we rejoice, and for those whose joy is known only in the secrets of their hearts, let us pray to the Lord:

**People** **Lord, have mercy.**

*Intercessor* Today in our Anglican Cycle of prayer we pray for Grace Church on-the-Hill, its support of the Churches-on-the-Hill food bank, provision of meals for Out of the Cold programs, refugee resettlement work, and support of Indigenous ministries, international emergency response and development, prison ministry, and food security organizations; for Grace Church, Markham, its monthly lunch, its participation in the Pikangikum Water Project, and education and advocacy on Indigenous and

Right Relations issues; and for Grace Church, Scarborough, its monthly community lunch and cooking club, and its support of the Good Food Box, let us pray to the Lord:

**People** Lord, have mercy.

*Intercessor* In our own Deanery of Peterborough we offer our prayers for, The Parish of Campbellford, Hastings and Roseneath, The Rev. Bryce Sangster, let us pray to the Lord:

**People** Lord, have mercy.

**O God, we commend to your care all for whom we pray, in the confidence that your love for them is greater than anything we can know or imagine. Hear us, through Christ our Lord. Amen.**

**COVIDPrayer** this Sunday and others at: <https://www.miltonanglican.org/prayers-for-the-covid-19-crisis.html>

## **The Collect**

Reader Living God,  
in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.**Amen.**

## **The Lord's Prayer**

Celebrant And now, as our Saviour Christ has taught us,we are bold to pray,

**All** **Our Father, who art in heaven,hallowed be thy name,thy kingdom come,thy will be done,on earth as it is in heaven.Give us this day our daily bread.And forgive us our trespasses,as we forgive those who trespass against us. And lead us not into temptation,but deliver us from evil.For thine is the kingdom,the power, and the glory,for ever and ever. Amen.**

## Dismissal

Celebrant Let us bless the Lord.

People **Thanks be to God.**

### Closing Music Benediction Prayer

**All:** The Lord bless you and keep you;  
The Lord make His face to shine upon you  
To shine upon you and be gracious  
And be gracious unto you  
The Lord bless you and keep you  
The Lord lift up the light of His countenance upon you  
The Lord lift up the light of His countenance upon you  
And give you peace, and give you peace;  
And give you peace, and give you peace.

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#### Today's Readers

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1st Lesson OT	Ann Chambers
Psalm	Irene Fulton
2nd Lesson	June Seaborn
Gospel	Margaret Eley
Prayers	Nancy DeKuyper

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#### Next Week's Readers February 7th, 2021

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1st Lesson OT	Alden Mitchell
Psalm	Irene Fulton
2nd Lesson	Margaret Eley
Gospel	Marlene Dooher
Prayers	Ann Chambers

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Next Sunday February 7th, 2021 ~ Rev. Bryce Sangster  
5th Sunday After the Epiphany ~ Morning Prayer

Readings		
ISAIAH 40:21-31	PSALM 147:1-12, 21C	1 CORINTHIANS 9:16-23
	MARK 1:29-39	

## Announcements:

### Christ Church

#### It's that time again! Annual Vestry Reports

All Vestry Reports commentaries are due no later than:

**Monday February 8th, 2021**

Submissions are to be in MS Word Document, or a compatible program or a detailed email. Please note that all submissions will be reformatted to maintain consistency throughout the Vestry Report. Reports are to be emailed to: **christchurch1@bellnet.ca**

### The Voice Newsletter

The deadline for submissions to the Easter Edition of "The Voice" is March 2<sup>nd</sup>.

This newsletter is 'our' newsletter which means your contributions make it happen. Submissions are to be sent to email address, **christchurch1@bellnet.ca**

To help you, here are some article suggestions:

- News items, ie: Church anniversary events
- Pictures of special events with description. ie: Church functions, gatherings etc...
- Articles of a Spiritual experience or journey (how is God at work in your life; your day?)